



# Bare below the elbow for patient safety

## Not entirely clean?

Pathogen transmission through contaminated work clothing\*



**63%** show potentially pathogenic microorganisms

**10%** of the positively tested sleeves contain antibiotic-resistant pathogens



**No**  
bracelets or  
watches



**No**  
artificial or  
painted nails



**No**  
rings



**No**  
long sleeves

**Conclusion:** Nursing or medical activities - such as wound care, bathing a patient, or treating individuals with diarrheal diseases - carry a risk of cross-contamination.

Correctly implemented hygiene measures help to minimise the risk.

**Join in!**