



Dear staff and colleagues,  
you too can help to prevent  
the spread of pathogens.

5.5. is World Hand Hygiene Day. Join in!

HARTMANN  
Academy

Why is sharing  
knowledge about  
hand hygiene so  
important?

5.5.2024  
World Hand  
Hygiene Day

Because it helps  
stop the spread of  
harmful germs in  
health care.



## 5 Moments for Hand Hygiene

- 1 BEFORE patient contact**  
Different nursing activities require several hand disinfections.
- 2 BEFORE an aseptic task**  
Disinfecting the hands prior to aseptic tasks is particularly important to prevent healthcare associated infections.
- 3 AFTER body fluid exposure risk**  
Gloves are a must when handling potentially infectious material, but are not a full protection against infection: Always disinfect your hands after glove removal!
- 4 AFTER patient contact**  
Hands need to be disinfected after touching a patient and before touching objects that are not in the patient's surroundings, e.g. ward trolleys!
- 5 AFTER contact with patient surroundings**  
Hands need to be disinfected even when objects in the patient's surroundings are touched, e.g. when exchanging glasses and water bottles on the bedside table!

Reference:  
WHO (2009) WHO Guidelines on Hand Hygiene in Health Care.



Research for  
infection protection  
hartmann-science-center.com

#SaveLivesCleanYourHands  
#HandHygiene  
#MissionInfectionPrevention

More about  
World Hand Hygiene  
Day on 5.5.2024

