

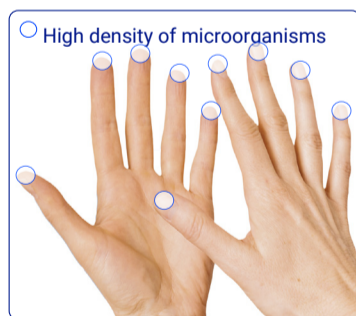


Dear staff and colleagues,
 You too can help to prevent
 the spread of pathogens.
 5.5. is World Hand Hygiene Day. **Join in!**



Hand hygiene concerns us all!

Hand disinfection is one of the most important measures for infection prevention. But hand washing, skin care and protection, examination gloves – they are also part of it!



Disinfect your hands

Carefully rub in hand disinfectant for 30 seconds – cover all areas of skin. Particular attention has to be paid to fingertips and thumbs. They are of particular importance in clinical practice as they most frequently come into direct contact with patients and potentially contaminated surfaces.

Washing hands

While disinfection serves to inactivate pathogens and prevent infections, hand washing serves to clean hands.

Skin care

Healthy skin is the basis for all other components of hand hygiene. A smooth skin surface offers less surface for microorganisms to attack, while cracked skin favours their colonisation.

Wearing examination gloves

Examination gloves should be worn when working or in situations which are afflicted with a risk of contamination or transmission of pathogens.



Research for
 infection protection
hartmann-science-center.com

Read the entire
 interview with
 our experts
 here:

