

Handwashing done right

why?

- Invisible viruses and bacteria colonise your hands.
- When washing hands with soap, you simply rinse them away and they can no longer do any harm.
- Nevertheless: do not touch your face!



when?



before eating



after the toilet



when
coming in
from outside



after
blowing
your nose

how?

Thoroughly **Wet** your hands, preferably with cold to max. lukewarm water. Then, turn off the tap.



Lather for 30 seconds
Tip: hum "Happy"

Rinse hands well



best **dry** your hands with a disposable paper towel

Source: https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/nCoV_node.html

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